

# Hemp: The Most Medicinal Plant In The World

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Hemp – the Most Medicinal Plant in the World in Action

A written interview with Rick Simpson, second edition, July 2010.

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## INTRODUCTION

Dear friends,

I am leaving the EU for some time again, also because I do not have the funding to establish myself here. I decided to put as many questions and answers up on the internet as possible, so people will not feel the need to seek our council through e-mails. There are just two of us, Steve Ridgway and myself, that have been dealing with all of this and, to put it mildly, we are swamped. Now that I have to leave the EU again that will only make matters worse. So I hope the answers I am providing now will be of value to those looking for help.

Also I need a few weeks of peace and quiet to round out the book I have written. We hope to publish it in the fall. I thought I could support myself over here by writing articles for the hemp publications and indeed I should be able to do just that. I have written many articles that were printed, but to date I have never received any funding from the hemp publications for these articles. High Times did send me 1400 Euro last year for a book deal that fell through, which I offered to refund to them. But I was told to just keep it and do some articles for them, I have sent them about 6 articles, so I feel we are more than square. It seems the hemp publications want the articles, so they can sell their magazines, but will do nothing to support the guy who is writing them.

I want to thank those of you who did donate, it was your funding and what little extra money I had that got us this far. Since last fall we have received about seven thousand dollars in donations, but believe me it has cost much more than that for me to stay here.

Now thanks to the rules of Paypal people cannot even donate to our cause, since Paypal refuses to handle our account unless we can provide proof that we are tax exempt. I really don't know how we could get tax exempt status, since making the medicine is still perceived as being illegal in most places.

One way or another I will do what I can to stay alive somewhere, but soon it will be impossible for me to be at the beck and call of anyone who wants to contact us. Most of my time must now be spent just surviving, so now you know why I will be hard to contact in the future. When a person is put in the position I'm in with no support, it's like trying to fight a war with no ammunition. I am not asking the public

for an outpouring of support, through my experiences in the past indeed I have come to expect little if any.

In truth I have already accomplished what I set out to do and that was just simply to bring the truth to the world along with telling the public how to heal themselves.

Since no one is standing up, to force governments to allow the oil to be produced, what more can I possibly do? If you want to blame someone for what's going on, blame your elected officials and the rich corporations they are working for.

A few months ago, Steve Hagar of High Times Magazine let the world know that it was Jack Herer's wish that the hemp movement unite behind me to get this plant legalized again. But how is a person in my position supposed to lead the hemp movement? I have exhausted my life savings and have nothing left to carry on with. Also due to the criminal record I was given in Canada for healing people, I am now unable to even enter many countries including the US.

When you get to the point I'm at, just staying alive becomes more important than the hemp movement. Or rewriting the simple truth I have already stated a thousand times in the past. I have a great deal of respect for Jack Herer, but it seems the task he has put before me is impossible to accomplish under the current circumstances. Since the fall of 2009, I have been living out of a suitcase, bouncing from country to country, because I don't have the money to establish myself in any one place. What I have done in Europe has created a great deal of interest and many groups have contacted me from different countries asking me to come put on seminars. But even doing this is not possible without the funding to make it happen, so at present all plans for seminars have been put off indefinitely.

At the present time there are many people now supplying oils to those looking for help but I must warn the public that there is no quality control. All hemp is not created equal and its medicinal values from strain to strain can vary a great deal, as can its price if you have to purchase the starting material to produce a treatment. There are some suppliers who are using high quality material and therefore they do provide excellent medicine. But there are also a great number who provide low quality oils just so they can fill their pockets. Many suppliers tell perspective clients that their oils are made using Rick Simpson's methods and in some cases that statement is true, but in others it's not.

Also suppliers quite often tell people that they are in direct contact with me to give the patient more confidence in what they are purchasing, and in most cases this is not true. There are many people out there looking to take advantage of others and they care little about you and your medical problems, all they want is your money. There are very few suppliers that I have had direct contact with throughout the world, and I no longer send people to others. Since I have no way of knowing the quality of the oil they are providing, sending people on to other suppliers could cause both the patient and myself a lot of grief. When contacted for help, I tell people the only way to know you have the real oil at present, is to produce it yourself.

People must understand that I am not connected to anyone providing oil, and that I am not responsible for the quality of the substances they purchase from others.

Also people should know that I am not involved with any foundations, up until recently I was involved with a group that is trying to form one. But since I am

already under more pressure than I can handle at present, I felt that it would be best if I withdraw. Also due to the criminal record I was given for healing people, I now cannot even enter the US, so what possible role could I play. Even over here in Europe I have been under a great deal of stress and I don't have the money to produce the medication I require for my own use. So in the interests of keeping my own sanity and reducing stress, I will put whatever energy I have left into finishing the book and helping to take care of our own website.

With all the information we have supplied on the internet, anyone anywhere should be able to produce the medicine, or do a translation and put on a seminar regarding this subject. There is nothing copyrighted, so everyone is free to use the information we have made available. In the near future I will have to do a fade to black, so the public are now on their own. Now my first responsibility has to be my own wellbeing, but still I will continue on with this crusade until the medicinal use of this plant is again recognized. I have to beg the forgiveness of all who will be trying to contact me, but you have to realize that I am only one man. There is only so much that any of us can possibly do and I don't think that anyone can say that I haven't done my part.

Rick Simpson

#### BACKGROUND

Would you please describe how you came to discover the cure for cancer?

I am just one of many who have found a way to cure cancer. A radio broadcast told me that T.H.C. (tetrahydracannabinol) kills cancer so I do not claim that it was me who found the cure. I may be the first to have people ingesting hemp oil and applying it topically to treat their cancers and other conditions but I do not feel that it was really me who found the cure. What I did do was find the proper way to use this wonderful medicine. As often as I could, I provided the medicine free of charge and then I openly reported my findings to the government and the public, expecting that the right thing would be done.

How did you find out about THC being effective to treat cancer?

In 1972 I watched my 25 year-old cousin die a horrible death from cancer. About three years later I heard a report on our local radio station CKDH in Amherst, Nova Scotia. The announcer was laughing like a fool when he gave the report so I did not know whether or not to take the report seriously. He stated that T.H.C. (the active substance in marijuana) has been found to kill cancer cells. After this report I heard nothing more on this subject so I assumed that it must have been some kind of joke. About 30 years later I found out that the report was true and it was from the Medical School of Virginia study done in 1974.

In 1997 I suffered a head injury that left me with Post Concussion Syndrome. The chemicals the medical system gave me did nothing for my condition but make me worse with the side effects. Then, in 1998, I saw an episode of The Nature of Things entitled "Reefer Madness II". Dr. David Suzuki interviewed people who were smoking hemp for their medical conditions and the results were amazing. After watching the show I purchased some hemp to see if it would help my condition. Post Concussion Syndrome can affect people in different ways; some wind up with severe migraines... in my case I wound up with what can only be termed as migraine noise. It's like having a tuning fork gone mad in your head that you cannot

silence. If this condition persists the noise takes over your life and you get very little rest. When I smoked hemp for my condition it relaxed me and allowed me to get more sleep. Smoking hemp did not take the noise in my head away but it did make the condition much easier to live with.

I asked many doctors for a prescription for hemp but was refused. They would use excuses like “it’s still under study” and “hemp is bad for the lungs” or some other such nonsense.

About 1999 I asked my family doctor what he thought about me making the essential oil from the hemp plant and ingesting it as a medication as opposed to smoking it. My doctor said that ingesting the oil would be much more medicinal but still would not provide me with a prescription. By 2002 the medical system had written me off. I was told by my doctor that they had tried every medication at their disposal but none of them helped me so I was on my own. The doctor knew very well that the only medication that helped me was hemp. He also knew that I would be classified as a criminal if I was caught using hemp for my condition, but still he would provide no prescription, the same as all the other doctors I had asked. Can you imagine, I had worked for 32 years and had never had a drug charge in my life? Now due to my need for this medication for my condition, suddenly I am now a criminal because they would not give me the legal right to use this medicine.

Needless to say, all of this left a very bad taste in my mouth.

You said it had cured your skin cancer in no time – how many days did it take? Did it come back? Does it usually come back?

In late 2002 my doctor examined three areas on my body which he suspected were skin cancer. One was close to my right eye, another was on my left cheek, and there was another area on my chest. In January 2003 I went in to have the cancer close to my right eye removed. I was to go in at a later date and have the other two areas taken care of. About a week after the surgery I was examining the area where they had removed the cancer, when suddenly the report I had heard on the radio 30 years before popped back into my mind. The report had stated that THC kills cancer cells. I knew the oil that I produced was full of THC so I thought why not put some oil on the other two cancers and see what happens. I applied the oil and covered it with a bandage and left it in place for four days. During this time I felt nothing so I assumed that the oil was not working. Imagine my surprise after removing the bandages and seeing nothing but pink skin – the cancer was gone! Within seven weeks the cancers close to my right eye that they had removed surgically returned. I applied the oil and a bandage to this area and in four days it too was completely healed. I performed these treatments on myself in the winter of 2003. I have never applied oil to these areas again and the cancer has never returned.

#### PROTOCOL

Is there a protocol for the treatment?

There is a protocol, and it should be followed to ensure that the treatment is effective. Small amounts of oil can be used to treat skin cancer or the oil can be vaporized and inhaled directly in the lungs to treat lung conditions in addition to ingesting. Also, the oil may be absorbed into the body if used in the form of a suppository.

To treat internal cancers the oil must be ingested. I usually start people out with three or four doses a day, about the size of half a grain of dry rice. The only time I would suggest that people start with a heavier dose would be if there was a lot of pain involved with their condition. Often times many of these folks are already addicted to dangerous and deadly pain medications. The object in such cases is to get these people off these dangerous drugs and to replace them with hemp oil to ease their pain.

I suggest that about every four days the dosage be increased slowly until the patient has worked their way up to taking a gram a day. At this point most people continue taking a gram a day until they are cured. In more than one case I have seen people take the full 60 gram treatment and cure their cancer in a month.

How is hemp oil usually tolerated?

We all have different tolerances for different medications so I encourage people to stay in their own comfort zone when dosing themselves with the oil. Most people's tolerances build very quickly and on average a normal person usually takes about 90 days to ingest the 60 gram treatment. 60 grams seems to be able to cure most cancers but people who have suffered extensive damage from chemo and radiation may require more to undo the damage the medical system has left behind. For some external skin conditions, etc, where full strength oil is not required, the oil can be mixed with skin creams and salves. Mixing hemp oil with facial creams does wonders for the complexion if you give yourself a facial with it, also it should be used in such things as suntan lotions.

We know from our experience with hemp salves and our cosmetics that hemp is basically a cure-all.

Can you confirm this?

History calls hemp a panacea, which means cure all. From my experience, seeing hemp oil used for various medical conditions, I too call hemp a cure all. Hemp is useful in the treatment of practically any disease or condition; it promotes full-body healing. From our experience the oil is also very beneficial for most skin conditions; it can be mixed with skin creams or even suntan lotion. Wouldn't it be nice to go out in the sun and not have to worry about skin cancer?

**CANCER**

What is hemp oil good for?

From my experience, the oil is effective in the treatment of all types of skin cancers, and the same holds true for internal cancers and other medical conditions.

Which types of cancer is this best for? Are you aware of any types that this will not help with?

Hemp oil seems to work on all types of cancer and I am not aware of any type of cancer that it would not be effective for. I have heard about a study that claims that THC can cause a certain type of cancer; I can only say that this study must be flawed. Put simply, cancer is just mutating cells, THC kills mutating cells. So how can THC produce the very cells that it is so good at killing? If you are looking for treatments that can cause cancer, look no further than chemo and radiation; both of these so-called "treatments" are very carcinogenic. In other words they can and do cause cancer. Even a CT scan exposes the body to a massive dose of radiation. Radiation causes cells to mutate, and that is what cancer is... mutating cells.

When people come to me with cancer of course I recommend the oil, but along with hemp oil I also suggest that they change their diets. Protein from fruits and vegetables fight cancer. Animal protein promotes cancer. So it is best to stay away from animal protein. I also suggest mega-doses of vitamins, especially vitamin C; this is known as Gerson therapy, and I am a total believer in it. Also there are many other natural things a person can do to fight cancer. Bringing the body's Ph up with lemon juice and baking soda and water is very beneficial (two to three times a day, there is no set dosage, just mix it as strong as the patient can drink it). Also I have heard good reports about wheat grass being effective for cancer. I am also convinced that B17 can be very beneficial for cancer sufferers. Every day I eat the seeds from two apples. Like apricots, apple seeds contain B17, also known as laetrile. B17 in its own right has a good track record with cancer. Many people whom I provided the oil to did not change their diets or anything else but were still cured with the oil. From my point of view, anyone with cancer should be doing everything they possibly can to optimize their chance of survival. So by all means, take hemp oil for your cancer, but do not ignore other natural beneficial treatments. What is the success rate for cancer patients?

Cancer can be reversed in roughly 75% of people who have been badly damaged by the medical system; if they are willing to take the treatment properly. However, there is about 1 in 4 who has been so badly damaged that no matter what you do you cannot save them. Even if you can cure the cancer, in the end the damage from the chemo and radiation will kill them. These people are not dying from cancer; they are dying from the so-called "medical treatments" they receive from the medical system.

How many people that you know of have cured themselves with the oil? Have you ever failed to cure someone (because it did not work for him/her)?

I have provided the oil to well over 2,500 people over the last seven years. Due to the illegal status of hemp oil I do not keep records but it is safe to say I have seen hundreds of people cured with external and internal cancers, plus a great number of other conditions.

When people come to me with a diagnoses of cancer and they have refused to take chemotherapy or radiation it is almost a given that they can be cured, unless they wait until they are at death's door to take the treatment. We had one gentleman about four years ago who was in the hospital and was given 24 hours to live. The doctors refused to give him the oil, so his son did it. The very next day this man discharged himself from the hospital, went home and stayed on the oil. About fourteen months later this 83 year-old veteran did die, but not from lung cancer; he died from a pre-existing heart condition that he had for years. During the fourteen extra months that he had lived, he enjoyed a good quality of life and he died in his sleep with no pain. Isn't that better than dying in a hospital, drowning in your own fluid from lung cancer? I tell everyone that comes to me one thing... the oil will either save your life or it will ease your way out. If you do die, you will die with dignity and not full of such drugs as morphine.

Are some people more difficult to cure than others?

People who are the hardest to cure are the ones who have allowed themselves to be severely damaged by the medical system. Chemotherapy and radiation are

both carcinogenic treatments, in other words they cause cancer. Chemotherapy and radiation can reduce the size of a tumor, but in the end usually all such treatments do is spread the cancer.

Which types of cancer is hemp oil good for?

From my experience the oil seems to work on all types of cancer, but I have had a few people who got the treatment and then refused to take it. They returned the treatment and I saw that their money was returned. I cannot explain such people other than to say that it seems these folks are unwilling to break with the medical system. There have only been four or five who have done this and as far as I know in the end these people died.

How many people have cured skin cancer using your hemp oil?

I have provided the oil to hundreds of people with skin cancers. Usually within three weeks the cancer is gone. I tell people to treat their skin cancers with the oil until there is nothing but pink skin and then continue the treatment for two more weeks just as if the cancer is still there. I suggest that they do this in case there are cancer cells left that the original treatment did not kill. No one has ever reported back to me that their skin cancers returned if they did what I suggested.

Can you compare this treatment to standard procedures?

There is no comparison between treating skin cancers with hemp oil and what the medical system does. Sometimes their surgery is successful and they do get all the cancer cells... but in far too many cases people return over and over to be sliced and diced. The medical system also uses other treatments for skin cancers such as liquid nitrogen. This treatment is painful and in many, many cases the cancers just keep coming back and get much worse. When hemp oil is used to treat skin cancer it kills only the mutating cancer cells and does no harm to healthy cells.

Would you describe how THC acts on cancer vs. healthy cells?

When hemp oil is ingested as a cancer medication, the THC in the oil causes a build up of a fat molecule called ceramide. When ceramide comes in contact with cancer cells it causes programmed cell death of the cancer cells while doing no harm to healthy cells. This is the way it was explained in the scientific research we have studied. But with the help of a good friend named Batya Stark, I have developed a new theory.

A few months ago, Batya sent me some reports about the pineal gland and melatonin. The significance of the information she put in front of me was undeniable. So between Batya and I, we started connecting the dots. And this is what we concluded. Fluoride and a great deal of the chemicals doctors provide plus other we come into contact with often harm the ability of the pineal gland to produce melatonin. Melatonin is the greatest antioxidant known to man and it travels to every cell in the body. The pineal gland and the melatonin it produces plays a very dramatic role in maintaining good health and indeed has a lot to do with the aging process.

With the function of the pineal gland impaired, its ability to produce melatonin is greatly diminished. It has been found that cancer sufferers have reduced melatonin levels. It has also been scientifically proven that just smoking hemp can raise melatonin levels a great deal. Now just think of what eating the raw unburned oil would do melatonin levels. From what I understand, the oil causes the pineal gland

to go into overdrive and subsequently melatonin levels go through the roof. And this at least in part is what we think causes the wonderful effect this medication has on so many conditions. If the pineal gland is producing vast amounts of melatonin, it does no harm to the body. In such a situation, the illness of disease that has been plaguing the patient are brought under control and often completely healed. When you work with properly produced hemp medicines, you soon realize the word “incurable” means very little.

#### DIABETES

Diabetics that have just been diagnosed are usually easy to cure. People who have had diabetes for a long time and have suffered the effect of the disease for years will take longer. Even in badly damaged people, if the oil is taken properly usually within six weeks they no longer need insulin. The damage this disease can cause within our bodies takes considerably longer to heal. The oil seems to have the ability to rejuvenate the pancreas quite rapidly, so it can again function properly. I always tell people to try to get off the chemical medications they are using for other conditions, since such chemicals can impede the oil treatment’s effectiveness. We have found the oil to be effective on all types of diabetes and if the oil is used externally it will heal diabetic ulcers in a very short time. For instance, I have seen patients who were injecting insulin for thirty years and within six weeks they no longer needed insulin.

Diabetes in its early stages seems to be very easy to cure. Even people who have been on insulin injections for years respond well to the hemp oil treatment. It is not unusual for such people to no longer require insulin after just a few weeks on the oil. From our experience hemp oil has the ability to rejuvenate the pancreas, therefore reducing a patient’s need for insulin until insulin is no longer required. After taking the oil treatment many diabetics who have been on restricted diets for years behave like a kid in a candy store. Suddenly they can again eat everything that a diabetic could not. As time goes on, hemp oil can reverse damage that has been done to the bodies of diabetics such as bad circulation, etc, as time goes on. The oil will also heal diabetic ulcers and from our experience hemp oil is effective for all types of diabetes.

#### INFECTIONS

It goes without saying, if the oil can heal diabetic ulcers then most infections on the whole present little problem.

#### INFLAMMATIONS, ARTHRITIS

Arthritis is inflammation accompanied by swelling and pain. Relieving inflammation is one of hemp’s oldest medicinal uses. Many strains of hemp produce oil that is very effective for treating arthritis. Unlike synthetic THC the oil also contains other compounds such as CBN, CBG and CBD, which gives the oil better properties to fight inflammation than synthetic THC alone.

#### CHRONIC PAIN

If you have the proper strains to make the oil from, there is nothing better for chronic pain relief than hemp oil. The medical system gives chronic pain sufferers dangerous, addictive, and harmful medications to control their pain. Essentially all these medications do is mask the pain, with no healing effect. When you are taking hemp oil for chronic pain it not only reduces the pain, it actually goes to work trying



to heal the cause of your suffering. For anyone suffering from chronic pain, hemp oil is by far the best treatment since it is non-addictive and does no harm to the rest of your body.

I have seen hemp oil relieve pain from bone cancer that morphine had no effect on. I have provided hemp oil to many people with chronic pain and some of the results have been amazing. It is not unusual to receive reports from people within days telling me that they are no longer in pain. Hemp oil has the ability to eliminate pain, but it also goes to work healing the problem that is causing the pain.

Pharmaceuticals do nothing to heal the underlying cause of pain, they simply mask the pain. Realistically, there is no comparison between hemp oil and pharmaceuticals; most pain medications supplied by our medical system are dangerous, addictive, and deadly, while hemp oil presents no addiction or danger to the patient.

#### BURNS

I know from personal experience that there is no better treatment for severe burns than hemp oil. If oil is applied to a burn within minutes it takes the pain away and greatly accelerates the healing process. I have seen severe third degree burns healed completely in eleven days with no scarring. If hospitals would use hemp oil in their burn units, human suffering could be greatly reduced. Hemp oil is a natural anesthetic and a natural antibiotic, so there is no sensible reason why it is not being used by the medical system in their burn units.

#### ULCERS, WARTS, MOLES

Ulcers within the body can be cured by ingesting the oil. Unhealthy ulcers, warts and moles on the body can be removed by simply applying oil and covering with a bandage. The oil goes after unhealthy or mutating cells and destroys them painlessly in most cases.

#### MIGRAINES

Many people have found the oil very effective in reducing the frequency of their migraine headaches, and in many cases eliminating migraines completely.

#### ASTHMA

Even smoking pot is beneficial for many asthma sufferers, but ingesting the oil or vaporizing it is a much more effective and medicinal way to treat asthma.

#### ANXIETY, PARANOIA

I think anxiety and paranoia with the use of this medicine could be greatly reduced if the system would just stop arresting people for using it. When beginning treatment with the oil, I tell people, "If the oil is making you sleepy, don't fight it." Some people can become anxious while trying to overcome the relaxing effect of this medication. Many strains of hemp have a very low potential to cause anxiety, but some strains do. In such cases I advise people to make the medicine from a strain that will cause less problems.

If this medicine were legal, it would take away much of the anxiety associated with its use. Also some strains can produce more anxiety than others, so if you are experiencing anxiety simply switching strains could eliminate the problem.

#### DEPRESSION

I have found both Sativa and indica strains to be effective in the treatment of depression. I seldom use Sativa strains for treating people due to their energizing

effects. Most people who come to me have a serious illness and I don't want them energized during the healing process. I find the sleep and rest that a good indica provides to be the most beneficial for the majority of medical conditions.

#### INSOMNIA

As for insomnia there is nothing better than properly made oil from a good indica strain to give a person the sleep they require.

The effects of my head injury left me with what can best be described as a loud high pitched tuning fork inside my head. This very high pitched sound made it impossible for me to sleep. The medical system gave me many medications for this condition but nothing worked, and often I was left with terrible side effects that worsened my condition. I found that just smoking hemp allowed me to get more rest than any of the pills the system gave me. When I started ingesting hemp oil I received even more relief and it is not unusual for me to obtain 8 to 10 hours of uninterrupted sleep. For years before taking the oil I would get up more tired than when I had gone to bed. Now all of a sudden after taking the oil I wake up in the morning well rested and refreshed. There is nothing better than hemp oil to give a person a good night's sleep.

#### SCARS

I have seen burns healed that should have left horrible scars leave nothing but pink healthy skin with the use of hemp oil. Throughout history, hemp has had a reputation for healing wounds and leaving little or no scarring. I have supplied the oil to many people who had bad complexions and scarring problems on their faces, after treatment with the oil the improvement in their complexions was astounding.

#### VITAL ORGANS

A great number of people who have taken the oil have reported improvements in the functioning of many vital organs. From our experience it seems that hemp oil can rejuvenate many organs within our bodies. We have seen kidney, lung, liver, pancreas functions, etc, greatly improve; indeed, we have even seen improvements in brain function in Alzheimer's patients, etc.

#### BODY WEIGHT REGULATION, DETOXIFICATION

Hemp oil is a great detoxifier and it is not unusual for people who are overweight to lose many pounds during their treatment. It's almost as if the oil knows what you should weigh. In my own case, the oil took about 30 pounds off of me, but I have seen a lot of people lose much more. When you are taking hemp oil it is not like being on a diet; you can eat as much as you want to. The oil seems to curb an overweight person's appetite and I know of no better or safer way to lose weight. In many cases the oil can stimulate the appetite of a person who needs to gain weight. It's just as I said, the oil wants to bring your body back to a healthy weight, no matter if you are underweight or overweight.

Do you mean it seriously that it can take off excess weight without exercise?

Hemp oil can take weight off without exercise and I am living proof. If I take my shirt off I look like someone who has worked out a great deal. When I was younger I did a lot of swimming, now since losing the weight you can see all of my stomach muscles again. I don't even have love handles, just a band of muscle on each side and I don't do any exercises.

#### LEUKEMIA

If you treat leukemia with hemp oil it often produces very dramatic results quickly. Leukemia, from my experience with hemp oil, is one of the easiest internal cancers to cure. The first place the THC goes after entering the body is directly into the bloodstream. If cancer is present in the bloodstream it won't be present for long.

#### PSORIASIS

I know no better treatment for psoriasis than hemp oil. Psoriasis comes from within the body and can be corrected by ingesting the oil. For psoriasis sufferers I provide oil to ingest, also I often supply a cannabis tincture to treat their psoriasis externally. I have seen many people get great results who have only used the oil or tincture topically for their psoriasis. For some people with less severe psoriasis, just a few applications of hemp oil topically can heal them, and quite often the psoriasis does not return.

#### AIDS

In a video on Youtube, a guy describes his positive experience with alleviating the symptoms of AIDS. Could you tell us more about that?

Shawn who has the video on Youtube has suffered from AIDS for twenty years. Shawn started ingesting the oil for his AIDS after listening to me speak on Jack Herer's internet show. Within a month Shawn reduced his intake of pharmaceutical medications from thirty-six pills a day to ten pills a day. Currently, Shawn is only ingesting the oil and he is off all the pills. Shawn now carries a zero viral load and if this continues the system will have to declare that his AIDS is cured.

#### MULTIPLE SCLEROSIS (MS)

What are your experiences with curing multiple sclerosis? People here already know that hemp can help, but do not know how to use it...

Recently we received a report from a lady suffering with MS, who ingested two ounces of high grade hemp oil a year ago for her condition, the effect of the oil treatment was very successful, and even though she has ingested no oil over the last year... she remains in good health. From my experience Multiple Sclerosis is curable, but for people who have suffered for years with this condition it will take time to undo the damage this disease has caused. Many MS sufferers smoke hemp for relief but it will not cure them. The only way I know to cure MS and the damage associated with this disease is to ingest the oil on a regular basis until it is cured.

#### AUTISM, MENTAL DISORDERS

Has anyone tried hemp oil for autism or other mental diseases?

I have no experience with autism, but I think hemp oil would be very effective in treating this condition. I know people who have given their children hemp oil for ADHD with great success. The standard treatment for ADHD involves chemical drugs like Ritalin. Now what would you like to see your child take, chemicals that can have unknown effects on the child for years... or hemp that is natural and does no harm? I have also supplied oil to people suffering from bipolar disorder, and schizophrenia with good results. In many of these cases the chemical drugs supplied by the system do more harm than good and often with the use of such drugs people can become suicidal. Overall, I would have to say that properly made hemp oil from the right strains is very beneficial for many mental disorders.

#### GLAUCOMA, VISION

Glaucoma and its effects can be brought under control quite easily in most cases

as many hemp strains are effective in dramatically reducing ocular pressure. It is not uncommon for a person suffering from glaucoma that is using hemp oil to see a substantial improvement in their vision. Many people have to get their glasses changed because their old prescription glasses are now too strong.

Do you think it makes sense that eye doctors will not even mention cannabis even though it has been known to be effective since 1800s?

Again, hemp oil made from the right strains is a very effective glaucoma treatment and I know of nothing better or safer for reducing ocular pressure. The effect hemp has on ocular pressure has been known for decades, yet the medical system tries to avoid even discussing hemp's use for glaucoma. Unfortunately, it seems that many doctors today are more about money than they are about healing. I cannot explain how an eye doctor can sit there and watch a patient slowly go blind and not tell the patient what hemp can do for their condition. Far too often patients go blind because they trusted in doctors.

#### HEART, BLOOD PRESSURE

Do you have any beneficial reports about hemp oil and heart conditions?

Certainly it can only be said that the heart is a vital organ and from our experience hemp oil can rejuvenate vital organs. Although I never tell people to stop taking their heart medications, many have with no detrimental effects. I feel that hemp oil's effect on heart conditions requires more research, but from what we have seen hemp oil appears to be very beneficial for the heart.

Can it regulate blood pressure?

Hemp oil can regulate blood pressure, indeed I use it myself to regulate my own blood pressure. When commencing treatment with hemp oil I tell people to keep a close eye on their blood pressure. Many people who were using pharmaceuticals to control their blood pressure no longer require them upon commencing treatment with hemp oil. Since hemp oil reduces blood pressure anyone continuing to use their pharmaceutical blood pressure medications may find that the combination of the two will drive their blood pressure down too low. It is a good idea to avoid this situation and with the use of portable blood pressure testers available today this can easily be accomplished.

Can it help with other internal organ illnesses?

From what I have seen with the use of hemp oil, many internal organ illnesses or conditions can be controlled or cured with the use of this oil. When an internal organ is rejuvenated and healed it can once again resume its duties within our body.

#### SCOLIOSIS

Would you please tell us about your film producer Christian and his scoliosis?

The producer of Run From The Cure, Christian Laurette had suffered with scoliosis for years. About ten years ago the medical system offered an operation but they would only give Christian a 50/50 chance of walking again. With odds like this, he felt his only alternative was to live with the pain. Almost daily, Christian would collapse in agony from the scoliosis and he had pretty much convinced himself that nothing could help. I provided Christian with some hemp oil and within hours he reported that he experienced no further back pain. I explained to Christian that he had lived his life with a condition that would not allow him to exercise the way a

normal person does, therefore his back muscles were very weak. As expected, after taking a few tubes of oil Christian now functions normally with no pain, his back muscles have strengthened and he can now go without the oil.

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#### HOW TO USE HEMP OIL? IS IT SAFE?

Is it ever too late to start using the oil?

It's never too late to start using the oil. Even people who have been badly damaged by the medical system still have a good chance of making a recovery. We had one gentleman with lung cancer who had been given twenty-four hours to live. Despite opposition, his son gave him a good dose of oil and he left the hospital the very next day. We have had great results even in people who have stage 4 lung cancers. I often provide the oil to people with lung cancer and also people suffering from leukemia. Often times these cancers can respond very dramatically to the oil treatment and it is not unusual for people to see improvements in their conditions daily.

I always encourage people to get the oil into them as quickly as possible. The idea is the faster they ingest the THC-laden oil into their bodies the quicker they can cure their cancer and other conditions. The faster the oil is taken the better the chance of their survival. Most people can ingest the 60 gram treatment in about ninety days or less. I did have one man with an extremely low tolerance for the oil take seven months to ingest the sixty grams of oil; it did cure his terminal lymphoma, but I would have much preferred it if he could have taken the entire treatment more quickly. Luckily it is seldom that I run into someone with a low tolerance such as this man. I have seen people who have taken the whole treatment in a month and cured their terminal cancers.

Have you heard any negative criticism of hemp oil?

Over the years we have had very little criticism but I have a few people saying some very stupid things. Recently I attended a meeting put on by NORML at Dalhousie University. This fool from NORML said that hemp is not a cure all, and that they had made the oil for a woman and it did not work. I asked him what they had done and he said that they had made a small amount of oil for her and they have heard nothing more from her. So I said to him, "You don't know if it worked or not and since you obviously did not follow any protocol at all, how can you say it did not work?" As far as I am concerned NORML is mostly just a pack of lawyers trying to fill their pockets by keeping hemp illegal.

Is it safe to use hemp oil?

The safety of this medicine is beyond belief. Even if a person overdoses badly there is no harm done to them once the effects of the oil wear off. The most common side effect we have noted with people ingesting hemp oil for their medical conditions is a great deal of rest and a smile on their faces.

Can hemp oil than be mixed with alcohol? Does it produce undesirable side effects?

I have seen many people who were getting very loud on alcohol calm right down after smoking a joint. There is little doubt that alcohol is one of the most destructive substances on this planet, but people will be people and many do like their liquor. From our experience it seems that hemp oil presents no danger to a drinker. Often

heavy drinkers who have taken the hemp oil treatment for their medical problems, report that their thirst for alcohol has greatly diminished; some have even quit drinking entirely.

Do you get feedback from people after treatment?

In many cases people come for the treatment and I never hear from them again. This I think is due to the illegal nature of the medicine. Often I receive calls from people looking for the treatment who know others who have used the oil for their cancer or other conditions. Usually I ask the person the name of the people they know who cured their cancer using the oil. Quite often the name rings a bell and that is how I find out that it worked for them. Also there are a good number of people who do stay in touch with me after the treatment. I find on average there is about 1 person in 10 who will freely tell others what healed them, but the majority of people will keep quiet; I guess they wouldn't want anyone to know that they cured their cancers with illegal hemp. (Perish the thought.)

What all can hemp oil replace?

From our experience it seems that the oil can replace practically all chemical medications that the medical system provides. Chemicals are not good for us, and the faster a person can get off these drugs, the better.

Jack Herer, the author of the book *The Emperor Wears No Clothes*, says that back in the 1800s practically all the pharmaceutical companies in America were making hemp-based medicines and suggests that 60-80% of all medications had hemp as an ingredient then.

Why did hemp medicine disappear?

There is no question that a great deal of medicine was made from the hemp plant right up into the early 1900's. Many drug companies produced weak hemp medicines, but were afraid of this natural cure all because they could not patent it. Of course with farmers freely growing hemp everywhere in North America at the time, anyone could have stumbled onto the truth like I did. I think the drug companies of this era lived in fear that this could happen and they would be out of business. Drug companies and other big money interests definitely wanted hemp prohibited since this plant presented a real danger to their profit margins.

**SYNTHETIC THC**

Some manufacturers already produce synthetic THC and claim that it can heal cancer, too...

Some drug companies produce synthetic THC and there are claims that it can cure cancer; I do not doubt this, but why use something synthetic when the natural substance can be made so readily available? There is only one reason to produce synthetic THC, and that is to gouge the public out of their money, and this the drug industry does with their patented, synthetic THC. As far as I am concerned the drug companies can keep their synthetic THC. From my understanding, synthetic THC is not effective for many people and it can also have undesirable side effects. Natural THC in hemp oil is by far superior to synthetic THC for treating any medical condition.

I see no point other than greed for anyone to produce synthetic THC in a laboratory.

**CHILDREN, PREVENTION**

We know that especially mothers will worry if it is safe to give oil to children. Rick Dwyer said in the movie that he sometimes cannot sleep when he imagines the suffering of little children in oncological units...

I consider hemp oil to be perfectly safe in the treatment of children with cancer and other diseases. I really do not know how doctors treating little children in oncology units can live with themselves. Do they not know the damage they are doing to these little ones with their radiation, chemo, and other harmful, poison chemicals? Anyone who has ever studied medicine knows the effects of such treatments; they are much more likely to produce death with these treatments rather than a cure. How can hemp oil be used in disease prevention? Once again, would it also be safe for children?

I know of nothing better than hemp oil to prevent diseases. I consider hemp to be perfectly safe in the treatment of children. I have often stated that if children were given tiny doses of hemp oil diseases like diabetes, MS, cancer, and many others could be prevented from ever occurring. If minute doses of oil are given to children, THC and its associated cannabinoids will build up in their systems and prevent disease. I am not talking about getting children high; this is about providing children with a harmless, non-addictive medicine to prevent disease. Just like it must have been in history – do you think they did not give children the medication that they knew worked best?

How to dose hemp oil for children?

As for doses, children are no different than adults; they all have different tolerances for this medication. To prevent diseases in children only minuscule doses would be required, so the chance of getting a child high would be very remote.

Again, hemp oil does not cause any harm so I do not know why anyone would hesitate giving it to their child. After my experiences, I would not hesitate for a second but I definitely would hesitate and think twice before I would give them chemical medications (which I would not anyway, but I know that it takes experience with the effects of hemp oil to get to this way of thinking).

#### SPORTSMEN, SIDE EFFECTS

Could hemp help athletes and sportsmen?

Hemp would be very effective for athletes and sportsman, medicinally. Due to hemp's anti-inflammatory properties and all its other wonderful healing effects, I can imagine nothing better for strained muscles or injuries than hemp oil.

Many people ingest a great number of pharmaceuticals every day... Can that be good for the body?

I have no idea why people who see the side effects of allopathic drugs in drug commercials would still take these medications. It seems that mindlessly many people will simply do as the doctor orders, and a good number of these same folks reject hemp medicine simply because of lies they have been told by our Government. No one dies from the use of hemp medicine; I wish I could say the same for what the doctors prescribe us.

Can you compare the side effects of hemp oil to those from chemical medications? You must have heard some comparisons from your patients...

There is no real comparison between the side effects of hemp oil and the chemicals the medical system provides. Chemical medications are liver-toxic,

which means that such chemicals should not be in our bodies. With the use of chemical medications we expose ourselves to side effects that can be worse than what was originally being treated. Doctors have no idea what effects a build up of different chemical medications can have on our health. No two of us are the same, and different medications mixed together are nothing less than a chemical cocktail. I honestly think that in many cases Alzheimer's and other diseases are often caused by the mixture of chemicals their doctors prescribed. As far as I am concerned there is no comparison between allopathic medicine and empiric medicine. Allopathic medicine is just a mixture of harmful chemicals that no one should be taking, empiric medicine – medicine from plants, has been used for thousands of years. The effectiveness and harmless nature of hemp oil makes the hemp plant “Queen of Empiric Medicine“.

During all the years, I have been in contact with many patients who took everything available to treat their conditions and then came to me. I think they are the right ones to talk about the difference between chemical medications and hemp oil. Most of these people told me directly that they would much rather use hemp oil than anything else because it worked much better, had no unpleasant side effects and they could go back to living a normal life.

Are there any side effects one should be concerned about?

The main side effect of hemp oil is good health, happiness, and a good night's sleep.

#### DOCTORS, HIPPOCRATIC OATH

How many doctors have you treated and what did they have to say?

For the most part, doctors try to avoid me and the subject of hemp medicine if possible, but some patients who have come told me that their family doctors said that they should get in touch with me. Only one doctor in Canada has ever contacted me directly, and that was concerning a patient with terminal prostate cancer; this doctor told me that he would like to keep me informed as to the patient's progress during the treatment. I have never heard another word from this doctor, but three months later the patient who was taking the oil called me and told me the doctor said he was cancer-free. One would think that doctors would be very excited about a cure for this dreaded disease; but this does not seem to be the case.

Dozens of Canadian doctors have seen patients with cancer and other conditions – cured – using hemp oil, but they say nothing. The problem with hemp medicine is that it exposes everything the medical system has been doing to the public.

If you came to me and I gave you poison to treat your cancer that would be attempted murder. If you took that poison and it killed you, I would then be guilty of murder. But if a doctor gives you chemo and you die from the effects of it – that's called “medicine”. Any doctor with a lick of common sense knows the danger such treatments present to the public, but still they continue to provide it. The vast majority of doctors today are more about money and position than they are about healing.

Every time a doctor administers chemo or radiation, etc, they are breaking their own Hippocratic Oath, and they know it. I am not saying that good doctors do not exist, but from my experience it can only be said that they are very rare, especially



in Canada. A good number of doctors from foreign countries have contacted me about the medicine. Some of these doctors themselves had cancer or they wished to produce the oil for a patient. Due to the so-called illegal nature of this medicine, doctors who are using it tend to remain very quiet about what they are doing. Overall I have received very little feedback from these doctors, but three or four have contacted me back and told me the oil worked. I respect the work these doctors are doing and I understand why they have to proceed quietly. As far as I am concerned, such doctors are helping me build an irrefutable database which proves what this medicine can do. In the end these doctors will have much to do with bringing this medicine to the public, and for this they have my deepest thanks.

#### THE MOST MEDICINAL PLANT IN THE WORLD

Does it make sense to not provide people with medicines from the most medicinal plant in the world?

It makes absolutely no sense to prohibit hemp's medicinal use to the public. The only reason that hemp was ever prohibited is that hemp presents a real danger to many big money concerns; I mean, after all... aren't their profit margins more important than our health? It seems at present governments are still willing to let their rich friends have their way; but in the end they will be unable to hold the truth about this medicine back. When hemp makes its return to mainstream medicine it will destroy all the corruption that ever stood against its medicinal use.

#### HEMP OIL AND MEDICATIONS

What is the main difference between chemical medications and hemp oil? How does one feel after taking it?

Chemical medications are liver toxic. That means that such chemicals should not be in our bodies, they are poison. Chemotherapy and radiation are both carcinogenic which means these treatments can cause cancer. The size of a tumor can be reduced with chemotherapy or radiation but in a great number of cases it simply allows the cancer to spread. Due to the carcinogenic effect of such treatments and their poisonous nature, they ruin your immune system when you need it most. In my opinion, it is ludicrous to call chemotherapy or radiation a cancer treatment. As far as I can see the use of such treatments is just a faster way to die. For some, chemotherapy and radiation does work as a delaying tactic but in the end the damage these treatments do to your body is horrendous. Also, I would warn people to stay away from CT scans as they too are a massive dose of radiation which can again cause cancer. Hemp oil is not toxic to the body and when hemp oil is used to treat cancer it does not harm healthy cells. After taking hemp oil it puts a person in a very relaxed state, they can then get more rest and sleep which promotes healing. From my point of view, there is no comparison between chemical medications and hemp oil. Chemicals can cause harm, hurt your well-being, have severe side effects and may even lead to death. Hemp oil is harmless and encourages good health and rapid healing. I like to say that it promotes life.

#### INTOXICATION

Do people get high when eating the oil?

Yes, a person can get high if they take too much hemp oil, but if one uses common sense and starts with small doses, then gradually work their way up, in many cases

'getting high' can be completely avoided. I really don't understand why people would be concerned about getting high on the oil anyway since getting high presents no danger to them. They should be much more concerned about the effects of treatments like chemo. After all when you take enough poison to cause all your hair to fall out, that should tell you something.

A few months back a young man called me about how to make the oil for his mother who had cancer. I explained the process to him over the phone. Three days later I get a call from his mother and she was very angry. She said, "I took a dose of that stuff three days ago and its effects have just finally worn off!" I calmed her down and asked her how much she had taken. The first dose she had ingested was one gram. I asked her why she had taken so much as I would never suggest that someone take a dose that size and she said her son had told her that I said the medicine was safe. I explained to her that the medicine is safe but you have to begin with small doses three or four times a day then increase your doses about every four days. I explained to her that apparently her son had produced the medicine properly but he had obviously missed the instructions on how to use it. She began taking the medicine the way I suggested and a few weeks later I received a call from her. She was very apologetic about her first call to me. I told her I understood the effects of an overdose like she took also the fact that she had never used hemp in the past and had no idea of its effects had probably given her quite a scare. She told me she had done as I suggested and she had increased her doses six times. She then said to me, "You know, Mr. Simpson, I like taking this stuff!"

Last fall a man from Prince Edward Island who had terminal non-Hodgkin's lymphoma came to me for help. Normally I tell people to start the oil treatment with very small doses but this man was in very bad shape. I asked him if he had ever smoked hemp before, he replied that he had, so I told him under the circumstances I would suggest he get this medication into him as soon as possible. He had no fear of smoking hemp and from his own experience he knew that hemp presented no danger to him. So he took my advice and started ingesting the oil as quickly as possible. Twenty-eight days later he came to see me. I hardly recognized the man, he looked great. I asked him how much oil he had taken. To this he replied, "All ten tubes!" I was shocked and I guess it showed on my face so he asked if he had done something wrong. I said no, on the contrary, he had done everything right, but I had to ask him how he had managed to take so much oil so quickly. He told me he began by taking doses every six hours and every time he took a dose he increased the amount of oil he was taking. He stated that for the first week and a half he was 'high as a kite' then all of a sudden the oil stopped making him high. After this occurred he said that he just flew through the rest of the medication. About two weeks after this visit he called me and told me he had been in for tests. The results were he was cancer free, this man had cured his cancer in 28 days using hemp oil.

#### ADDICTION TO THC

What about addiction to THC?

There is no physical addiction to THC or the hemp oil which contains it. About 1 in 10 people have addictive personalities and will develop a psychological dependency to many things they are using. We see them every day, these are the

same people you see drinking 25 cups of coffee a day etc. When a person with a personality like this smokes hemp, often they do tend to over use it, but they are not addicted. A true physical addiction can only occur when substances such as opiate based pharmaceuticals, hard street drugs and alcohol are ingested. Drugs such as these do extreme damage to the brain and the damage can be observed in brain scans performed on such people. These are the drugs that are largely responsible for our escalating crime and addiction rates. People using such substances will beg, borrow or steal whatever is needed to replenish their supply. You cannot develop a physical addiction to a substance such as hemp that is non-addictive. Do you think that getting high poses any serious dangers when compared with the effects of other medications?

Getting high on hemp, poses practically no danger to the user or society in general. Unfortunately, the same cannot be said for many addictive and dangerous pharmaceutical medications which in most cases do nothing but harm.

#### SMOKING CANNABIS

We understand that smoking hemp is only effective to a certain degree...

When a person smokes a joint over 90% of the medicinal aspect of the plant material just went up in smoke. It's ironic to see people who have taken chemotherapy smoke hemp to reduce their nausea. They are smoking the very substance, which if taken properly, could cure them.

What is smoked marijuana good for from a medical point of view?

From a medical point of view, smoked hemp has limited medical value. Smoking pot can reduce blood sugar, it can also help reduce ocular pressure for people with glaucoma. We all know of hems ability to reduce nausea and smoking hemp will often reduce the pain associated with many medical conditions. In most cases, smoking a good indica strain does tend to make a person relax, which in itself can be quite beneficial. Smoking pot can help reduce the symptoms of many conditions, but from my point of view, why just reduce the symptoms when a cure or much better control for the underlying problem may be possible if the medicine is taken properly. There is little comparison between smoking hemp and ingesting hemp oil. Smoking is the least effective method of using hemp as a medicine. The power of hemp medicine is magnified many times when the concentrated essential oil of the hemp plant is produced. If you want to see the real medicinal magic in the hemp plant, start ingesting high grade hemp oil. When one starts ingesting the raw, unburned THC and its associated cannabanoids medical miracles often occur.

#### ROUTES OF ADMINISTRATION

What routes of administration of the hemp oil do you recommend and what are the advantages?

I always suggest to people that they ingest the oil for internal conditions. Often people come to me with lung cancer and other lung conditions. For such people I recommend the use of a vaporizer. Vaporizing the oil along with ingesting it can have a very beneficial effect for those suffering from lung cancers. All they have to do is ingest their regular dose and take about two inhales from a vaporizer two to three times per day. By using this method the cancer is being attacked from both directions and this can greatly increase the effectiveness of the treatment.

For topical use the oil can be mixed with skin creams, suntan lotions etc. But for

serious skin conditions I advise that they use just the oil. Mixing the oil with anything will reduce the potency of this medication. Often, for people with very bad skin conditions that are spread over large areas of their body, I recommend a cannabis tincture. A tincture is simply oil mixed with alcohol or some such carrier. When one uses an eyedropper to apply a tincture to a skin condition, the alcohol causes one drop to spread over quite a large area. The alcohol evaporates off in just a few seconds leaving the area covered with a thin film of oil. I have found tinctures to be effective for many skin conditions and using the oil in this manner can be much less wasteful. For people who are concerned about their complexions, simply mixing the oil with something like Noxzema and giving yourself a good facial can have dramatic results. If the oil is used in the ways that I suggest there is no issue with tar since I do not recommend that people smoke it for their condition.

Can you combine these types of administration?

All different ways of administering the oil can be combined with no harmful side effects. As far as we know, the body cannot process THC unless it is dissolved in animal fat (milk, cream, butter, lard, brownies).

Would it not be more efficient to use it that way?

From my experience the oil does not have to be mixed with anything to be effective. By using processes that dissolve the THC into animal fat, milk, cream, butter, lard etc. I feel the potency of the medicine is reduced. It is the oil that is doing the healing not butter or animal fat therefore I think this medication should be used in the purest form to achieve the maximum effectiveness.

What are the main uses for topical application? Isn't the oil too strong? Have you witnessed any allergic reactions? If they occur, do they disappear?

Herpes, skin cancer, warts, moles and other skin conditions can be treated with pure oil with no allergic reactions. The only reaction I have witnessed with the use of the oil used topically was caused by the bandages used to cover it. When you use a bandage for extended periods it can cause the area covered with the sticky portion of the bandage to become irritated. One simply has to stop using the bandages for a day or two and the condition will disappear.

#### MAKING THE OIL

Have you found any other ways of making the oil? What other solvents can be used?

There are many ways to produce the oil and I do not claim that my methods are necessarily the best. Indeed the method that we have showed the world would be considered crude at best, but a very pure form of this medication can be produced in this manner. Up until I was raided in 2005, I had always used distilling processes to produce the medicine and reclaim the solvents. This method is much less dangerous and is more 'earth friendly' since the solvent is not being wasted, but reclaimed for later use. I have used different solvents to produce the oil. Ether, naphtha and alcohol or many other solvents can be used to extract the oil. From my experience, ether is the best solvent with naphtha running a close second. Alcohol can produce high quality oil but it is less effective than ether or naphtha as a solvent. Oils produced with alcohol are usually darker due to the fact that alcohol strips more of the chlorophyll from the plant material than ether or naphtha does.

Oil made with ether or naphtha is usually much more golden in appearance. There are also cold water extraction methods that can be used to produce the oil. I have little experience with cold water extraction, but I have heard of people who have produced high quality oil in this manner. Obviously, cold water cannot catch fire or explode, so cold water extraction methods might certainly be an option but one must make sure that the oil is decarboxylated afterwards.

Is it possible to use other forms of extraction?

There are a number of extraction methods but many require equipment and knowledge that the average person does not possess. Therefore we described the simplest method possible, in our information, so practically anyone can produce their own medication.

Is there a way to make the oil more potent?

There are several ways of increasing the oil's potency, but again this requires specialized equipment and knowledge that the average person does not have. Do you think that hemp tinctures could possibly be as potent as your hemp oil? By volume it would be impossible for a hemp tincture to be as potent as pure oil. The oil is the medicine and mixing it with alcohol or other such carriers would greatly reduce its potency for internal use. For topical conditions, a tincture can be used to make the oil go further, but for a serious skin condition or infection I would prefer that pure oil be used in its treatment.

#### HEMP OIL VERSUS HASHISH

In Indian cultures, people used to and still do eat hashish. Does it have the same effects as your hemp oil?

I don't think that eating hashish for a medical condition would be nearly effective as the oil. Hash often contains many medicinally undesirable contaminants that the oil does not. When making the oil, the heating process causes the oil to become decarboxylated. This means molecules within the oil have been rotated so they become more medicinally active. This decarboxylation process does not occur when producing hashish, hash is decarboxylated as it burns while smoking. Ingesting hash for a medical condition would be far less effective than ingesting high grade oils.

What is the main difference between hemp oil and hash?

Hemp oil is simply the essential oil of the hemp plant and it comes from the resins this plant produces. Hash is also produced from the resins of the hemp plant. The hemp resin is compressed into pieces of hash in a variety of different ways, but usually contains plant matter and other contaminants.

Do you think it could cause lower cancer rates if the oil was available?

There is no doubt in my mind that cancer rates would plummet if the public had free and open access to this medication.

Is there any 'best before date' as far as hemp oil is concerned? How long can you store it for? A year or two? Does it degrade or is it best when it is fresh?

From my experience there is no 'best before date' regarding the storage of hemp medicine. There are three things that can affect the potency of hemp oil; air, light and heat. I tell people to store this medication in a cool, dark place but it does not require refrigeration. That takes care of the light and heat, as for the air, the oil is a thick grease so air cannot get into it. To store oil for a long period of time I would

suggest a stainless steel container or a dark colored bottle with a tight lid. If the oil is stored properly, this oil's potency as a medication will remain for a very long time.

### Sativa VERSUS INDICA

What is the main difference between Sativa and indica in treatment? Does it mean that someone with cancer should not use Sativa oil? Will it not work? In some places indica is not available or might be difficult to get. Are there any illnesses for which Sativa are well suited for?

I do not like to see anyone ingesting Sativa oil to try to treat cancer. There is every possibility that oil made from a good Sativa could cure cancer but the energizing effect of this oil is not conducive to healing. Certainly I would treat a skin cancer with such an oil, but ingesting oils from Sativa can badly affect a person's sleeping patterns. Taking a good Sativa oil in the daytime can be effective for pain relief associated with some conditions. I also consider such oils to be very effective in the treatment of people suffering from depression. But, as I tell everyone, I don't want to see a cancer patient out trying to paint the barn, so I avoid the use of Sativa oils in most instances.

A good indica and some of the better indica-Sativa crosses put a person in a very relaxed state and provides them with much more rest and sleep. I have also found that oils produced from indica dominant strains are effective for depression and other health related issues. From my perspective, oils produced from good indica strains are more medicinally desirable than most oils produced from Sativa.

Which marijuana strains are the most medicinal? Can you describe the differences between them?

Nowadays there are literally thousands of different strains out there and the truth is we do not know the properties they possess until we grow them. Truly, it can only be said that we are at the mercy of the seed merchants. I have purchased the same strains from different vendors and wound up growing two entirely different plants. I think it's best to acquire any given strain from the seed company that originated the strain. That is the best way to assure yourself that you are growing a high quality strain.

### OUTDOOR VERSUS INDOOR

Have you tried making the oil from indoor plants? Have you noticed any differences in the effect of the hemp oil?

I have produced the oil from hemp that was grown both indoors and outdoors with good results. I prefer to work with hemp that was grown outdoors since on average, high quality hemp grown outside in a good growing season can be more potent and often produces more resin. I attribute this to the sun and nature for I do not believe that indoor lighting systems can compete with this source of light. I have never seen indoor lighting that I could not look directly at, but it is impossible to look at the sun.

Hemp that is grown indoors, of course, can be very potent and will produce good medicine but there are many drawbacks involved with indoor growing. Plants that are grown inside are usually much smaller in stature than those grown outside. Also, with indoor setups, problems arise concerning smell, air movement, and heat. Indoor grow systems produce a great quantity of excess heat and often infestations and plant growth are controlled with the use of chemicals.

I can't say that I have encountered any problems producing medicine from indoor crops. For those who do not live in a rural setting I suggest they build or buy a small indoor growing system from which they can supply the medicinal needs of their whole family. To my mind, there is only one way to grow hemp properly and that is in the great outdoors. Open ground with good drainage and a proper PH is what is required. Lots of sunshine, horse manure and abundant quantities of water can produce an amazing crop. I have not noticed any differences in the hemp oil produced from indoor or outdoor plants other than their potency. The most potent oils I have ever produced came from outdoor plants. Indoor plants may produce slightly less potent oils, but they are still highly effective as a medication.

What type of light do you get best results with?

Using a combination of high pressure lights have produced the best results I have achieved indoors. We used a 1000 watt high pressure sodium and 1000 watt metal halide sitting side by side to produce the largest buds I have ever grown inside.

The main problem with such lighting is your power consumption and the heat they produce. So I have looked into other forms of lighting to reduce heat and energy costs. Standard 4 foot and 8 foot cool white florescent bulbs will grow hemp quite nicely in the vegetative state, but for budding I would recommend much more light intensity. I have found decent results with the use of compact florescent bulbs.

Sunlight at high noon is about 5500 degrees Kelvin. By using a combination of compact fluorescents one can closely imitate the light given off by the sun. I used 4100 degrees K and 6500 degrees K compact fluorescents placed closely together to achieve this. This lighting arrangement produced decent results for both vegetative and budding. All I had to do was change the timers from an 18 hour cycle to a 12 hour cycle for budding.

Unlike high pressure lighting, compact fluorescents do not produce a great deal of heat and they are much easier on power consumption. I like using compact fluorescents because they spread the light intensity very evenly in a grow chamber. Nowadays many companies are producing florescent fixtures with very high light intensity. I have never used such lighting to produce a crop, but I would expect excellent results since even the low intensity compact fluorescents I used produced good results.

I have never grown a crop using the new LED fixtures, but I am quite excited about this new technology. LED fixtures promise to provide high light intensity with very little heat and low power consumption. At the present time such fixtures are quite expensive to buy, but I am sure their price will drop once they are in widespread use. I expect to see LED fixtures to play an important role in the future of indoor growing.

But the light source that I am the most excited about is the plasma lighting. From what I understand, it is very energy efficient with a low heat output and the amount of light it gives off is amazing. At present, such lighting is quite expensive but like LED fixtures the price will come down. Plasma fixtures are like having your own tiny sun with the right spectrum of light in your growroom and I think this form of lighting could be the future of indoor growing.

What does one have to watch for when choosing plants for making the oil?

For people who have no experience with hemp, they must be careful, many

growers will sell the novice low grade trash. For those who never smoked hemp I suggest they take someone with experience with them when they make their purchase. You cannot always go by look and smell to determine the potency of hemp. I have seen buds that glistened with resin and smelled beautifully but they lacked the potency to produce good medicine. I avoid using Sativa strains to produce oil as I find that many Sativas are too energizing. When someone brings a pound to produce the medicine I first test its effects on myself. I cut up a bud and roll a joint with it. If the hemp is good, by the time I have smoked half the joint I feel its effects. What I look for is a heavy feeling that makes you want to go lie down. If I am smoking a good indica or a good indica-Sativa cross this is the effect I look for. I have found that practically all hemp strains that produce this heavy, sleepy feeling are very medicinal.

How strong are the plants you use for making the oil?

I make the medicine from the strongest material available to me. Locally, many pot smokers complain that I buy up all the good hemp for medicine. I don't pay much attention to this since I consider saving lives to be far more important than their recreational needs. I am always looking for strains that exhibit heavy resin content and the proper medicinal values. Much of the material I purchase to produce the medicine is up around 20% THC. One pound of a strain such as this will usually provide enough oil for a complete cancer treatment of 60 grams. The quantity of oil produced per pound will vary from strain to strain. Also the methods used to grow the hemp has much to do with how much THC is present in the bud material. I have worked with strains that produced 90 grams of oil out of one dry pound of bud, unfortunately hemp of this quality is quite rare so if you get 60 grams of good oil out of a dry pound of hemp be happy. Always look for the most potent hemp, someone's life may depend on it.

In the Hippocratic Oath, doctors swear, "I will not give a lethal drug to anyone if I am asked" Do you think they observe that promise?

To me, the wording of the Hippocratic Oath is truly what medicine should be all about. But with what I know about hemp oil and based on the response I got from doctors so far, I am afraid that real doctors, that is people who are in medicine to help their fellow man, are quite rare. It seems more than obvious to me that this oath means nothing to many doctors.

Doctors prescribe toxic chemicals, chemotherapy and radiation and they have the nerve to call what they are practicing medicine. To be truthful, I have no excuse for these people for what they are doing. They know the effects of their treatments yet they continue to shove them into their patients. In my book, doctors should have been the first to support the use of hemp medicine and they should never stand in the path of its use. Maybe they should have gone on strike over this years ago – because according to all my experiences with the healing effects of the hemp oil, practicing medicine without hemp really makes no sense.

**TREATMENT OR MURDER?**

Alan Levin, M.D. once wrote "Most cancer patients in this country die of chemotherapy. Chemotherapy does not eliminate breast, colon or lung cancers. This fact has been documented for over a decade. Yet doctors still use chemotherapy for these tumors. Women with breast cancer are likely to die faster



with chemo than without it.” Don’t you find it frustrating that this method is still used as the primary treatment for all cancers?

With all the studies that have been done exposing chemo for what it really is. I find it very hard to comprehend why anyone would prescribe or take poison and expect it to help a medical condition. Doctors who prescribe chemotherapy know exactly what they are giving their patients. What such doctors are doing is truly beyond belief, but more amazing still is the fact that people so willingly do as their doctor tells them. Chemotherapy is poison and it will cause extensive damage to your body’s vital organs and your immune system. Anyone that considers chemotherapy a viable medical treatment is either misinformed about this treatment or they are living in ignorance of chemo’s true effects on the body. For the majority of people, chemotherapy is just a faster way to die. Medical journals have produced studies with the same findings. When is the public going to awaken to what is being done to them by our medical systems. Since when has a substance with a skull and crossbones on its packaging been good for you?

Don’t you find it a bit absurd that many doctors would not take chemotherapy themselves, yet they administer it to patients?

The fact that many doctors will give patients chemotherapy but would not take it themselves should highlight the lack of concern such doctors have for their patients. The public puts their trust in doctors to provide sound medical advice, obviously a great number of doctors feel their positions and pay checks are much more important to them than their patients’ wellbeing or they would not be prescribing chemotherapy.

We know that doctors have to follow their code. But still, aren’t they simply playing with their patients lives?

Any codes that a doctor must follow should be based on the Hippocratic Oath and not on profit margins of big drug companies. A real doctor’s first obligation must be the welfare of his patients. If they refuse to follow their own Hippocratic Oath, then such doctors are simply playing with their patients lives for profit.

What are the main advantages to this treatment when compared with chemotherapy or other chemical medications?

Hemp oil has two main advantages over so called conventional treatments. First, hemp oil does no harm and second it works. Chemotherapy, radiation and other chemical medications do extensive harm to our body and in far too many cases lessen our chance of survival. People enduring such treatments often end up with diabetes and other medical problems caused by the treatments themselves. I cannot really compare hemp medicine to what the medical system provides since I do not consider what they are giving us to be medicine.

Can it also replace radiotherapy?

I don’t think that radiotherapy is any better than chemotherapy since both of these treatments are cancer causing. Hemp medicine should be the first line of defence against cancer, not treatments that could kill us or make our conditions worse.

What would you say to a doctor who will not prescribe cannabis because “it’s still under study”?

Any doctor that will not prescribe cannabis or says that it is still under study is a quack who is practicing medicine to help himself and not others.

Isn't the oil a giant leap forward?

The traditional medical approach is to make someone sick with chemotherapy and then treat the nausea with other medications (smoking marijuana proves to be very effective in many patients)...

Hemp oil is a giant leap forward in the treatment of cancer and other conditions since it can be used harmlessly to prevent the disease from ever occurring. Smoking hemp does have limited medicinal value and controlling nausea is definitely one of them. But is it not insane to watch someone smoke hemp for nausea when the very same plant material, if properly processed and taken, could cure their cancer! The medicinal wonders of this plant have always been right before us and it is a great shame that it has taken us so long to find the proper way to use it.

Could hemp oil improve life expectancy?

If we all took small doses of hemp oil throughout our lives, I am firmly convinced that we would live longer and much healthier. Longer life spans would be very beneficial to mankind since it would allow us to accomplish so much more. Far too often, in today's world, a person just gets good at what they are doing and they are struck down with medical problems that end their careers. We are all given life and this wonderful plant to preserve it. For the human race to ignore this plant's potential any longer one could only term this situation as insanity or stupidity.

You must have heard so many people telling you that "this cannot work, nothing will help, the doctor said I will have it for the rest of my life"....

A great number of people have come to me with medical conditions their doctors had no success in treating. Quite often people do not even have a diagnosis as to what is wrong with them. A good number of these people did not believe that hemp could help their conditions until they tried the treatment. I have seen thousands of people who were totally astounded by what this medication did for their conditions. If hemp oil will not cure your condition, you will more than likely find that this oil is by far the best control available. We have seen a great number of conditions that doctors had no luck in treating cured with hemp oil.

THE POLICE COMES IN

You gave away dozens, maybe hundreds of kilos of hemp. When the police came to your backyard in 2005 they found 1600 plants there...how did you feel when they came?

In 2005 I had 1620 hemp plants in my back yard also in 2006 I had another 1100 clones all of which I feel were stolen by the police. I consider what the R.C.M.P. did in my case theft because they knew the hemp I was growing was used for making the medicine. On May 6th, 2005 I provided the R.C.M.P. with videotaped evidence showing people who had used the oil for their medical conditions. In this video I also asked that the R.C.M.P. provide me with what hemp they confiscated so I could produce more medication for the public. On this same video, I told them that I was growing hemp right in my back yard. Three months later on August 3rd, 2005 the same detachment raided my property and pretended to know nothing of the video I had provided them with. As far as I am concerned, the R.C.M.P. are a total fraud. They are supposed to be working for the public's good and not the profit margins of big drug companies. I must say that the raids the R.C.M.P. conducted on

my property have totally sickened me. It seems that one must be very wary of any organization that starts with "Royal Canadian" since in most cases you will find that such organizations are government controlled and do not work for the people. In other words, the R.C.M.P. are simply government thugs with guns who are working with the government to keep hemp medicine from the public. Apparently these fools do not seem to realize that they, themselves and their loved ones also get cancer. Did they give you the weed back?

I have been raided four times by the R.C. M.P. and they have never given anything they confiscated from my home or property back, even when I was not charged. Does it not sound to you that the R.C.M.P. are a criminal organization instead of a police force?

We believe the court proceedings must have left you with very unpleasant feelings. You were helping people for free, many of them got up from their deathbed, and you still had to go through the trial.

By early 2008, when I was finally done with our legal system, I was so fed up I was ready to leave Canada. Of course one should know better than to expect honesty or compassion from the legal system. Half the lawyers in Canada are making a good part of their living defending or prosecuting people facing hemp charges. Once all these lawyers get lined up at the money trough, justice and human rights mean nothing. Everyone present during my court case knew I was speaking the truth about the wonders of this medicine but it was ignored in favor of corruption and greed.

The Canadian legal system is guilty of helping the government perpetrate this crime against the Canadian people. I would tell anyone seeking justice in Canada that they will not find it in our legal system or courtrooms. What kind of country is Canada when they will drag a person such as myself through a court case for helping others? The hemp oil I produced eased suffering and save many lives also I gave the medicine to people for free. If such behavior is a crime in Canada maybe it's time for a few changes. In the end, hemp medicine will destroy all corruption that stands against its use, then we will see who the real criminals are.

At the end of my court case myself and my followers were firmly convinced that I had won the case hands down. The prosecution, it seems, were also aware of this and stooped to jury tampering to see that I was convicted. The judge was made aware that a witness had seen the crown prosecutor leaving the jury room about three minutes before the jury came in with their verdict. Jury tampering is a very serious charge unless you happen to be the crown prosecutor, in which case the judge simply sweeps it under the rug. This is what passes for justice in Canada. What was the sentence and what implications does it have for you? How do you feel as someone who became a 'criminal' because people were sick and the system had nothing to offer them?

At my sentencing I was facing 12 years in jail, but it seems that the judge must have had an attack of conscience before I was sentenced. The Judge stated that in his 34 years in the legal system he had never seen a case like this, there was no criminal intent. He also stated that the scientific evidence does exist to back up everything I was saying. The judge also stated there were many people who had used the oil for their medical conditions that also backed my position. I was given a

\$2000 fine and a gun restriction. I think I was fined because I told the court off several times during the case. AS for the gun restriction, there were no firearms found during the R.C.M.P. raids. The only ones waving guns around were the police themselves. Maybe they should have a gun restriction put in place against them. I was tied up in our legal system for three long years and this was the end result. I was not even put on probation.

After going through the greatest kangaroo court case in Canadian history, I can only say that we live in a beautiful country but it is corrupted to the core. My father fought in Normandy and was badly wounded fighting for this country. Now Canada has turned into the very thing Dad was fighting against in WWII. In am no longer proud to call myself a Canadian in fact the word Canada means practically nothing to me now. Canada along with the U.S. and other countries are invading other nations simply over greed and power. It may not seem like much, but on behalf of the Canadian people I wish to apologize to these countries. Most Canadians are good people but unfortunately our country is being run by rogues and villains. The change is coming and I hope one day to see the end of all wars and needless killing.

Do you think that law enforcement does not realize that it could easily be them who will need the medicine sooner or later?

Many people in law enforcement definitely know that hemp medicine works. Two narcotics officers just sent a patient to me who was dying of terminal cancer. The police are no different than we are when it comes to disease, they too are afraid of cancer. The police have a very hard time getting their heads around the fact that our government's policy towards hemp medicine is killing them too. Most police officers try to brush off their wrongdoing in regards to hemp medicine by saying that they are just doing their jobs, but that is the same line people working in Hitler's death camps used.

It's time the police woke up to the reality of what they are doing. Do police officers think it's wrong for the public to grow the most medicinal plant on earth to treat themselves? I think not, maybe it's time for the police to start pointing their guns at the real criminals. In life there is only right and wrong. To deny hemp medicines use to the public is a crime and the police must stop enforcing laws that were put in place against hems use for medicinal needs.

We understand that you did not stop making the oil. Do you think you will ever stop?

Under Canadian law there is no provision for anyone to produce hemp oil for medicinal use. I spent years taking medications from doctors that did more harm than good for my condition. The only medication that has ever helped my condition was hemp oil. Even though I asked dozens of doctors for a prescription for hemp, I was refused. From my position, I have no choice but to make the medicine myself and I plan to continue doing this until the day I die. The system could come and put me in jail and deny me the use of this medicine, but if they do, then their actions could kill me. If the system actually had a medication that would help my condition they may have a leg to stand on, but they do not, so if I wind up in jail with no medicine and this causes my death you, the public, will know what caused my demise.

How do you feel when you have to deny someone treatment simply because you don't have enough marijuana to make the medicine?

I have people coming to me all the time who cannot afford the prices charged for hemp by drug dealers. I do the very best I can for everyone, but unfortunately my finances are not a bottomless pit. I feel a great deal of frustration because if hemp was grown freely a pound of this would be worth no more than a pound of corn. It is simply horrendous that people are dying because they cannot afford the starting material to make the medicine. Until this situation is rectified, and we can freely produce the medicine, I encourage everyone to grow their own hemp. Current government policies restricting hems medicinal use will soon disappear, but in the meantime grow your own. If you have a loved one that is suffering or dying who gives a damn about government policies. As a human being you have a right to this medicine no matter what any corrupt government policies or laws say.

#### RESEARCH

We believe the system will have a hard time swallowing this. Anyway, a change is necessary and medical marijuana seems to be a necessity...

There is no doubt that hemp will once again be used in medicine as it was for thousands of years. Whether the system likes to hear it or not, their allopathic approach to medicine does not work. Empiric medicine, (medicine from plants) is our only viable alternative. Currently the population of this planet is in the middle of a cancer epidemic. At no time in mans history have we ever needed a medicine so badly. Since hemp is the greatest cancer killer on this planet, what better time to reintroduce hems medicinal use. Word of what this medicine can do is spreading rapidly, when every second person knows how to cure their own cancer with hemp, how can the corruption of our system stand against hemp's use.

What should research focus on?

In the near future the most important thing to do is grow the hemp. We can do whatever research is required while we are healing the people. Some strains of hemp are much more medicinal than others for different medical situations. In a short time we can determine the best strains to treat any given condition. I hope to live to see the day when everyone on earth has access to hemp medicine made available to them on a donation basis. No one should have to suffer because they cannot afford the medicine that could heal them. I would like to applaud this fine magazine for bringing the truth to their subscribers. Publications such as this are performing a service to mankind. I urge everyone who reads this article to stand up and make a noise, your very life and the lives of your loved ones hang in the balance. For anyone who would like to learn more about hemp, I strongly suggest they read Jack Herer's book, "The Emperor Wears No Clothes" or watch Jack's video "The Emperor of Hemp".

Yours truly,

Rick Simpson, July 2010

Hemp – the Most Medicinal Plant in the World in Action

Rick Simpson Interview