

We develop Swine Flu When We Eat Like a Pig

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I would like to apologize in advance to that warm and intelligent creature referred to as a “pig”.

In some cases, we refer to an overweight person as a “pig” or a person who slobbers over himself as a “pig”. When we hear of a woman who puts out easily, she is a “pig” also. So, the pig is a “pig”, because we take advantage of its ferocious appetite and feed it our awful food, then it becomes obese, and then we eat it. (Makes us think, doesn’t it?) So, I apologize to these gentle, loving creatures, for using that old and offensive verbiage. The flu should be rightfully called the “Human’s Flu”.

1 The Human’s Flu occurs because we eat like that hungry creature, we call a “pig”. From the time we awaken until we go to bed at night, we treat our wonderful body like a garbage can.

2 Because we eat the way we do, we have made McDonalds the richest junk food purveyor on earth. And not far behind are Colonel Saunders, burger king, pizza hut and many others, that fill our stomachs and make our body struggle to survive. The medical industry must be shaken in its foundation, and the public needs to wake up from this malnutrition-induced coma. This must be understood, because our way of life is killing us, and here are some facts that cannot be cast aside.

3 Your body is polluted if your bowel movement stinks. Or, if your breath could kill a horse, if your teeth are decaying, and your joints are stiff; if your stools are loose, and your urine is dark and the odor from your body requires a deodorant; if the female period is heavy and you have discomfort before it begins; if you have headache and backaches, or if you have difficulty

sleeping; if there is vaginal drainage, or if you are obese, then you could be a victim of the human's flu. And all of this happens, while you are surrounded by doctors and their medicine. And as long as we are unaware, we will condemn our children to a short life of suffering, under medical supervision.

4 Now, the body is congested with mostly indigestible material, which is pushed through the bowel by subsequent eating, as the peristalsis is frozen. And the rest is backed up, producing concentrated poison. Then, the body has no alternative but to create diarrhea. This will lower the energy level and increase its susceptibility. The heart is in a constant struggle, and the stomach has never stopped reacting, but we didn't listen, and it burnout and went silent like an old volcano. The blood becomes thicker and soon, it will offend rather than nourish. Soon, there won't be enough energy to look out through our windows without glasses, because so much blood and energy is used in the digestive system that our hands and feet become cold. We look older and our hair falls out. And all of a sudden, we have a fever, we cough and we're tired and stiff, and forced to lie down because of low energy.

5 In the middle of our misery, a doctor comes on the radio and talks about the flu, and you have the symptoms, and when you hear that many have the same symptoms --- your neighbor, your friends, and some of your family, it is easy to believe you've 'caught' the flu, because after all, the doctor has just announced the epidemic. And as you realize more and more people have this flu, it reinforces the medical perspective. You wash your hands and practice good hygiene, and continue to make McDonalds a phenomenon in marketing, and because the authority who referees this, are doctors, scientists and graduates of the most prestigious universities on earth, we don't dare refute them. Remember the World Health Organization (WHO)? They are a powerful and dangerous group. They have power over government as they proved during the SARS fiasco that they could destroy airlines and countries. So, what a predicament we're in! The medical authority does not see the correlation between what we eat and what we have

become, because they see the symptom as the “disease”. It is unbelievable that these eggheads don’t get it!

6 But I am refuting them, because they are absolutely wrong. A number of people all

over the earth who have this condition, are just as polluted as each other. Some are

genetically weaker, and because of medical suppression, will die from that condition. Microbes

do not cause disease, and that makes the word “epidemic” the result of a bad thesis. And if their

thesis is wrong, what is the truth?

7 We must finally see that all the purveyors of junk food are successful all over the earth.

They are absolutely an enemy of every good wish we have. They peddle the worst food that we

can put inside the body. One only needs to study the average restaurant’s menu, and you’d see

“Stomach Ulcer - \$6.50”, “Future Heart Attack - \$8.95”, “Constipation - \$7.25” and I almost

forgot, plus tips. So, rather than having the highest principles of life in common, we have only

our diseases in common – our weak hearts, our cancers, and our iffy mentality. And if we could

open the refrigerators of the afflicted, we could see we have something else in common --- WE

EAT POORLY. And At The SAME TIME, EVERYWHERE, the body just can’t take it anymore and goes into A Major Elimination, which unfortunately, is seen as a disease.

8 So, the bottom line is, we get “Swine flu” because we eat like a pig. This is not an epidemic, and is not caused by a microbe. It is caused by our condition and our level of

susceptibility. It is our ignorance and the way we treat this highly evolved organism. This is the

cause. Our ability to prevent should get the Nobel Prize, not the guesswork of treatments

that will ultimately fail.

9 This is how to prevent this stupidity that ruin our lives:

a) Disregard this disgraceful authority that is absolutely wrong.

b) Don’t vaccinate, allow it to occur, because you deserved it.

c) Stop eating poor food, especially meat, dairy, fried food and vitamins.

d) Educate yourself, read any of Shelton’s books and what was written by Dr J.H. Tilden,

M.D., and don’t forget our website.

e) Become recession proof.

10 So, the biggest defense against “Swine Flu” and all other diseases is to keep

the body

clean and eat well. This is the time to spend a couple of days drinking juices, fresh from the

juicer, and celebrate your freedom. Also consider, a water fast under guidance.

11 We are finally confronting the cause of our failures and it will take great bravery to make

the changes that will give us a life of happiness. We must take full responsibility for causing this

ignorance. Yes, we were convinced by experts, but we became a victim! So much for experts.

All the very best,

Ray,

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P.S. The cause of all disease, from the hyperactivity of a child to Alzheimer's, from skin

eruptions to AIDS, all is caused by a combination of the following:

A. Our individual genetic history;

B. The way we eat and how we live our lives.